



TRIP INCLUSIONS, PRICES & ITINERARY

PACKAGE INCLUDES

- Round trip flights to your destination from IAD *ETA will provide land only price as well once we reserve group flights after deposits are due
- Professional tour manager with your group throughout the trip
- Motor coach transportation throughout the trip
- Eight nights Accommodations at Chartfield Guest House
- One night Lodge at Aquila Game Park
- 9 Breakfasts
- 6 Lunches
 - Lunch
 - Lunch
 - Visit to Rickety Bridge Wine Farm for Wine Tasting and Lunch
 - Lunch
 - Lunch at V&A Waterfront
 - Lunch
- 9 Dinners
 - Sit-Down dinner at a restaurant
 - Cape Malay Cooking Class
 - Sit-Down dinner at a restaurant
 - Sit-Down dinner at a restaurant
 - Sit-Down dinner at a restaurant
 - Sit-Down dinner at a restaurant
 - Djembe Drumming & Dinner at GOLD Restaurant
 - Sit-Down dinner at a restaurant
 - Sit-Down dinner at a restaurant
- Program Orientation Meeting
- Cape Town City Orientation Walk
- Visit to the District Six Museum
- Visit to the Company's Gardens
- Visit Green Market Square
- Visit Bo Kaap
- Cape Malay Cooking Class
- Robben Island Tour
- Talk with an Ex-Prisoner from Robben Island
- Visit to Kirstenbosch Botanical Gardens
- Visit Franschhoek and Huguenot Monument
- Visit Huguenot Memorial Museum

Tel: 732-410-5677 · www.ETAdventures.com · Fax: 732-303-9288
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- Cultural Exchange with a Local High School
- Beach Afternoon/Walk around Kalk Bay
- Table Mountain Hike
- Visit Table Mountain via Cable Car
- Curated Khayelitsha Township Experience with 18 Gangster Museum
- Visit Cape Point Nature Reserve
- Visit to Cape Point Ostrich Farm
- Boulders Beach and Penguins
- Visit to Aquila Eco Synergy Center
- Visit to Signal Hill and Hike of Lion's Head
- Afternoon Game Drive in Aquila
- Morning Game Drive in Aquila
- Trip delay and medical insurance coverage up to \$100,000 per person
- 2 free places in double occupancy
- FREE website where travelers can register and pay online with no monthly fees

PRICING

(based on a minimum of 20 paying passengers)

Double - (2 people / 2 beds) - \$5,875

Single - (1 person / 1 bed) - \$6,319

SUGGESTED ITINERARY

Saturday - July 8th

You'll depart on your flight.

Sunday - July 9th

You will meet your tour manager.

Your bus will pick you up and you'll continue your trip.

You will check into your rooms at Chartfield Guest House.

You will have an orientation meeting where you will talk about the journey ahead, safety, guidelines for cultural immersion as well as the objectives of the trip.

You will have dinner.

Monday - July 10th

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You'll have breakfast.

Take in the sights and sounds as you navigate the streets and learn more of the history and culture of South Africa's "Mother City". We'll take you past the Castle of Good Hope and City Hall; through the Company Gardens to see St George's Cathedral, the Slave Tree, and the Houses of Parliament; wind our way through the curio stalls at Greenmarket Square and the colourful houses of the Bo Kaap; and more!

Your next walking tour begins at the District Six Museum which is located on Buitenkant Street in Cape Town City Center. The District Six Site Tour takes participants on a walk through the streets of the historically diverse and vibrant suburb from which residents were forcibly removed during the Group Areas Act of the apartheid era. The tour is led by a former resident, stops at several significant spots along the way, and includes a visit to the museum. The museum houses an impressive collection of old street signs, photographs, recordings, and stories of District Six.

You will visit the District 6 Museum, which commemorates the forcible removal of over 60,000 inhabitants in the 1970s by the apartheid regime. The museum houses an impressive collection of old street signs, photographs and stories of District Six, most which were donated and told by former residents. If you're lucky, you might bump into one of the old residents in the coffee shop at the back of the museum.

You will see the Company's Gardens, a haven of trees and botanical garden set in the heart of Cape Town, home to a rose garden, a Japanese garden, a fish pond and an aviary. On the edge of the Company Gardens you will see the President's official residence when in the mother city. The Company Gardens has beautiful views of Table Mountain and forms a pathway between the suburb of Gardens and the city center, surrounded by museums and fascinating buildings.

You will have a picnic in the The Company Gardens.

You will then explore Green Market Square, one of Cape Town's oldest markets. Set on a cobble stone square between Short and Long Market Streets, this is where Capetonians have been buying their clothing, jewelry, sandals, crafts and knickknacks for decades, and, whilst the face of the market may have changed a little, there is always an exciting buzz and distinct evidence of the city's most colorful and eccentric characters. Green Market Square has unbeatable value too. You can pick up local arts, crafts, fabrics and artifacts from almost every country on the continent at this open-air gathering place. Bartering is the name of the game on the square, which used to function as a trading area for passing ships.

Take a walk through one of the most colourful and vibrant suburbs of the Mother City. The Bo Kaap is home to colored people of Cape Malay heritage, many of whom are descendants of the first people who were enslaved in the Cape and who were displaced from their homes in District Six during the Apartheid era. Lined with brightly colored houses and lively streets, Bo Kaap is as vibrant as it is culturally rich. It has a long history of resilience, the breaking of chains and a cultural and religious identity.



Jasmina is a local Cape Malayan woman residing in Bo Kaap who invites you into her kitchen. She will guide you through a step-by-step process of making traditional Cape Malay dishes that are loved by locals in the community. Try your hand at mixing the right amount of spices and perfectly folding a samosa. At the end, you'll sit down and enjoy a 3-course home-cooked meal together as you learn more about her life story and experiences living in Cape Town through Apartheid and the new Democracy.

Tuesday - July 11th

You'll have breakfast.

Today you will take a ferry to the historic Robben Island. After serving as a place of isolation and imprisonment for hundreds of years, Robben Island is a World Heritage Site today. Many renowned men and women, including South Africa's first democratic President, Nelson Mandela, were imprisoned here on the island. This visit will give you a glimpse into the dark and sad history of this wonderful nation. It will also show why Robben Island is now an icon of struggle, freedom and hope.

You will have lunch.

Lionel Davis is a former political prisoner who served several years at Robben Island. This interactive discussion allows students to listen and engage with a rare insider's look at life in the prison. Lionel shares about his life as a person of color in South Africa, interactions with other political prisoners who served time for their involvement in anti-apartheid government efforts, and his journey of hope and reconciliation since leaving the island.

Located on Table Mountain's eastern slopes is the beautiful Kirstenbosch Botanical Garden. The garden was established in 1914 and is the first of its kind to be devoted to a country's indigenous flora. It forms part of a large conservatory that displays a large variety of vegetation from regions such as fynbos, karoo, savanna and others. On a walk through the beautiful botanical garden, students will learn about the sheer diversity of plant life within the Cape Floral Kingdom and why certain species and biomes are under threat of extinction. In summer the garden hosts open air concerts featuring local contemporary artists. Students will have the opportunity to experience South Africa's rich contemporary music culture from one of the most beautiful natural settings in South Africa.

You will have dinner.

Wednesday - July 12th

You'll have breakfast.

Today you will drive to Franschhoek. Nestled in a breathtakingly beautiful valley in the Cape Winelands lies the quaint town of Franschhoek, one of the oldest towns in South Africa. Home to centuries-old vineyards and Cape Dutch architecture, this little town, just 45 minutes from Cape Town, is a feast for the eyes.

You will walk around Franschhoek and visit the Huguenot Monument.



You will visit the Huguenot Memorial Museum. Adjacent to the Huguenot Monument, the Huguenot Museum hosts a main building with displays extending into the annex. The Museum tells the history of the French Huguenots who came to South Africa at the end of the seventeenth century. You'll also learn about the history of the Khoisan (the native peoples of the region), the town and the local fruit industry. The Huguenot Monument commemorates the French settlers who escaped religious persecution in France and celebrates the success of their efforts to gain religious freedom.

You will visit Rickety Bridge Wine Farm for a Wine Tasting and Lunch.

You will have dinner in Stellenbsoch.

Thursday - July 13th

You'll have breakfast.

You will have lunch on your own.

Muizenberg High School seeks to provide balanced value-based education in a stimulating environment so as to inspire disciplined learners towards realizing their full potential and contributing meaningfully to society. Learners are challenged to achieve to the best of their ability in the classroom, through consistent hard work and critical thinking. Muizenberg High School offers an interactive cultural exchange program for visiting groups. Your visit will be with students and staff.

You will have free time at the beach in the afternoon to relax or walk around Kalk Bay.

You will have dinner.

Friday - July 14th

You'll have breakfast.

You will hike Table Mountain. Table Mountain is an iconic flat-topped mountain that overlooks the city of Cape Town. The mountain has been named one of the official New 7 Wonders of Nature because of the incredible diversity of indigenous flora found on the mountain. Lessons about the fauna and flora while visiting Table Mountain can be incorporated into a program. *For those prefer to not hike, you can also ride the cable car to the top on your own to experience the panoramic views as they ascend to the summit. The view from the top provides a broader understanding of the layout of the city. Table Mountain is also an ideal and unique setting to facilitate a reflection experience and get a birds eye view of the urban design of the city of Cape Town. The entire group will take the Cable Car back down the mountain.

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Mountain is also an ideal and unique setting to facilitate a reflection experience and get a birds eye view of the urban design of the city of Cape Town.

You will have lunch on your own.

The 18 Gangster Museum is an innovative living museum that aims to help South African youth better understand the treacherous path into gangsterism by offering a positive alternative. Facilitators at the museum will guide participants on a walk through the bustling streets of Khayelitsha, sharing their knowledge and lived experiences of life in the community. Khayelitsha community experiences are customized and may include a walking tour around the community of Makhaya, conversations with a reformed gangster, Espinaca (an innovative local healthy food enterprise), Lookout Hill, lunch at a local barbeque joint, and more. Students will learn about the history, daily life and customs from residents, and may also engage with artists, families, and business owners. Participants are encouraged to be curious, to explore and to interact with locals in order to increase their knowledge of different cultures and develop their intercultural communication skills.

You will have dinner.

Saturday - July 15th

You'll have breakfast.

You will also get the chance to visit Cape Point Nature Reserve at the extreme southwestern tip of Africa. As you admire the expansive views and keep an eye out for zebras and baboons, you can imagine the conditions early explorers had to contend with while navigating ships around this point. The Cape Floral Region is one of the richest areas for plants in the world – it is home to nearly 20% of Africa's flora.

The Cape Point Ostrich Farm was established in 1996 and turned into an ostrich breeding farm by the vision of Angelika Coelle. The 65ha farm was undeveloped and only the ruins of the 19th century Cape Dutch style buildings were visible underneath the growth of many years. Dr. Coelle and his wife Angelika had a vision and within the year they had accomplished to turn the dormant land into a natural landscape breeding farm.

You will have lunch.

In the afternoon you will be off to see the penguins. Yes, penguins in Africa! Boulders Beach is home to a growing colony of the African Penguins, also known as jackass penguins for their hilarious braying call. Walkways allow visitors to view the penguins in their natural habitat, and the penguins are often delighted to show off their antics. After you have fallen in love with the penguins head to the secluded Boulders Beach and take a swim in the comparatively warm waters of the False Bay.

GOLD Restaurant is a vibrant, eclectic Pan-African experience in the heart of Cape Town. A typical evening at GOLD starts with an interactive drum circle, teaching participants how to play the djembe



to the rhythms and sounds of Africa. After a traditional hand washing ceremony, participants are led on a culinary adventure through Africa.

Sunday - July 16th

You'll have breakfast.

This morning you will enjoy a hike. Situated between Table Mountain and Signal Hill, Lion's Head is a popular hiking spot overlooking the city of Cape Town, named for its physical resemblance to a lion's head. Lion's Head forms part of the Table Mountain National Park and peaks at 660 meters above sea level. You will have the opportunity to develop your resilience and self-awareness as you take up the challenge of summiting the peak along the route that circles around the mountain and up a few chains and ladders or opting for the longer alternative without. It generally takes 90 minutes to summit the peak, where you will have a birds-eye view over the city and surroundings.

You will have lunch at Victoria and Alfred Waterfront.

You'll have free time.

You will have dinner.

Monday - July 17th

You'll have breakfast.

You will arrive at the Aquila Game Park and check into your rooms.

Aquila has embarked on an exciting exercise to reduce its carbon footprint. This program consists of a number of eco synergy systems that co-exist – amongst others, a waste management program that includes worm farms and bio gas plants - resulting in community vegetable and herb gardens and an aquaponics system.

You will have lunch.

See how many of South Africa's Big 5 (elephant, rhino, buffalo, lion, and leopard) you can spot as you learn about them and other wildlife on a game drive. Afternoon game drives run from late afternoon and offer a spectacular sundown experience in the African bush.

You will have dinner and time for stargazing.

Tuesday - July 18th

You'll have breakfast.

You'll head out early in the morning for another game drive and a chance to see the amazing wildlife.

You'll board the bus to head to the Cape Town Airport.